

# Horncastle Medical Group Newsletter

MARCH 2021

Welcome to the Practice Newsletter. The Practice welcomes any articles you may wish to see in print – suggestions for articles may be left with a Receptionist or emailed to: [leccg.horncastlemedicalgroup@nhs.net](mailto:leccg.horncastlemedicalgroup@nhs.net)

## COVID-19 Vaccination Programme

Horncastle Medical Group are part of the East Lindsey Primary Care Network (PCN) and we are working collectively at Louth County Hospital to provide this service for all East Lindsey patients in the PCN. Staff are being provided for these clinics at Louth County Hospital from Horncastle Medical Group .

In addition to this, Horncastle Medical Group will be offering limited clinics at the Surgery as we receive vaccines, which is often at very short notice. These clinics, where possible will be used for those patients who are unable to travel to the sites at Louth, Lincoln and Boston and high risk patients will be prioritised.

As of 02 March, 3316 patients registered at Horncastle Medical Group have received their first COVID-19 vaccine and 85 of those patients have received their second dose. Included in this are first doses for all care home residents.

***Please do not contact the Surgery in regards to your COVID vaccination; we will contact you. We are contacting patients as per the guidance issued by the Government and we are unable to vaccinate outside of the cohorts (see below). The situation is changing on a daily basis so please bear with us and we will keep patients updated on our website and Facebook page.***



### COVID-19 Vaccine Cohorts

1. residents in a care home for older adults and their carers
2. all those 80 years of age and over and frontline health and social care workers
3. all those 75 years of age and over
4. all those 70 years of age and over and clinically extremely vulnerable individuals
5. all those 65 years of age and over
6. all individuals aged 16 years to 64 years with underlying health conditions which put them at higher risk of serious disease and mortality
7. all those 60 years of age and over
8. all those 55 years of age and over
9. all those 50 years of age and over

## Over 65 Flu Vaccines

If you're 65 years and over and not yet had your flu vaccine, please contact the Surgery at your earliest convenience. We still have vaccines in stock and are able to offer appointments at the Surgery. The flu campaign runs until the end of March 2021.



## Find us on Facebook

[@horncastlemedicalgroup](https://www.facebook.com/horncastlemedicalgroup)



## Staffing Announcements

We are pleased to announce that Dr Muhammad Mughal has joined us as a full time GP Partner following his period with us as a GP Registrar. Dr Mughal will be with us 4 days per week.

We would also like to welcome Dr Luqman Rajput who will be working with us as a Salaried GP at the Practice. Dr Rajput will be with us 3 days per week.

Dr Humphry and Dr Burman will be reducing their working days to 3 days and 2 days respectively.

## Have you been delaying your smear due to COVID-19?

Please don't delay any longer. The Practice continues to offer a range of days and times for appointments in a covid secure environment and have done so throughout lockdown. If you are due your smear, please raise a request through askmygp. You can do this by visiting our website and clicking on 'askmygp get help now'

<https://www.horncastlemedicalgroup.co.uk/>

SMEAR TEST OVER DUE?  
BOOK YOURS TODAY!



## Occupational Therapists

The Practice now has two Occupational Therapists, Sue Codd and Rosie Mincher.

**Sue Codd** will be focussing on mental health here at the Surgery, offering a service for those with common mental health problems (who are not currently involved with other mental health therapy services) as well as those with fatigue/CFS/ME/FMS who also have a psychological component.

Sue started her career in occupational therapy on one of the mental health wards at the Queens Medical Centre in Nottingham and has also worked in a mental health day hospital, forensic and community mental health over the years. She has also worked in a specialist CFS/ME and fibromyalgia post, MSK and mental health vocational rehabilitation, community chronic pain and more recently Spalding and the Deepings Primary Care Network (PCN) as a mental health Occupational Therapist before coming to work with East Lindsey PCN.

**Rosie Mincher** is available to see patients who have had a fall or who have difficulties with activities of daily living due to a physical condition or ageing. Rosie can assess people in their own home with the aim of improving independence and reducing the risk of further falls. A home assessment includes finding out what difficulties you are having and what is important to you. Interventions are decided jointly with the person and their family/carers and may include providing equipment, advice on falls prevention and referring to other services.

Rosie has previously worked as a Community Occupational Therapist in Lincoln and has had extra training in occupational therapy for people who have recurrent falls and Parkinson's disease.

You can be referred to the service by a GP, Nurse or other clinician at the Practice.

## Pharmacy Technician

The Practice now has a Pharmacy Technician, Ashley Wels who started at the Practice on 23 February 2021. Ashley will be working closely with the Practice Team.

## Samples

Please do not post samples through the Surgery letter box as they will not be tested. It is important that all samples are checked by a member of staff to ensure all the necessary paperwork has been completed.